

JANUARY 2021

CALDWELL-LAKE GEORGE LIBRARY

MONTHLY NEWSLETTER



INSIDE THIS MONTH'S ISSUE:

LOCAL AUTHOR, LIBRARY ASSISTANT JESS'S TALK AND BOOK SIGNING

NEW YEARS RESOLUTIONS & STAFF PICKS

WILD LIGHTS AT THE WILD CENTER

CONTINUING CURBSIDE PICKUP

OUR SNOW POLICY

AND MORE!



Forever "Wild" Book Talk and Signing



TIME: TBA!

LOCATION:

CALDWELL-LAKE GEORGE LIBRARY

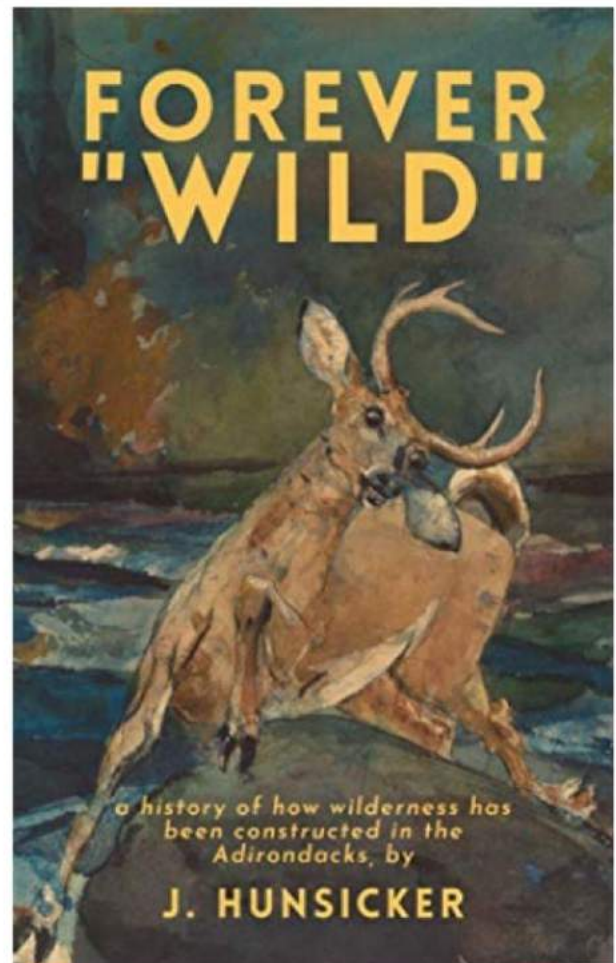
336 CANADA STREET

LAKE GEORGE, NY 12845

Our own library assistant Jess is now a published local author, having just released her first book ***Forever "Wild": A History of how Wilderness has been Constructed in the Adirondacks.***

To commemorate her publication, we are hosting an in-person book talk and signing once it is safe to do so!

Paperback and Kindle copies of ***Forever "Wild"*** are available for purchase on Amazon now. The link can be found on our website or by clicking the cover ->



[BUY](#)

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Continuing Curbside Pickup



As a precautionary measure, Caldwell-Lake George Library will continue curbside pickup indefinitely.

We hope to resume in-person browsing as soon as it is safe to do so!

Thank you for helping us keep our staff and patrons safe.

To request your books, log in to your account through our website and browse or give us a call! We are happy to fill requests over the phone for you.

To pick up your books, simply give us a call to let us know you're here! We will bring your books out to you in our back parking lot.

For the most up to date information please see our website.

lakegeorgelibrary.sals.edu

Reach us at:

(518) 668-2528

If you have any questions.



Our Snow Policy

If Lake George schools are closed, then the library will most likely be closed. Please see our website for the most up to date information.

If the schools are operating with a delay, the library will open at 1:00 pm.

Closures and delays will be posted on our website, Facebook, Instagram, and Twitter, as well as local TV and radio stations.

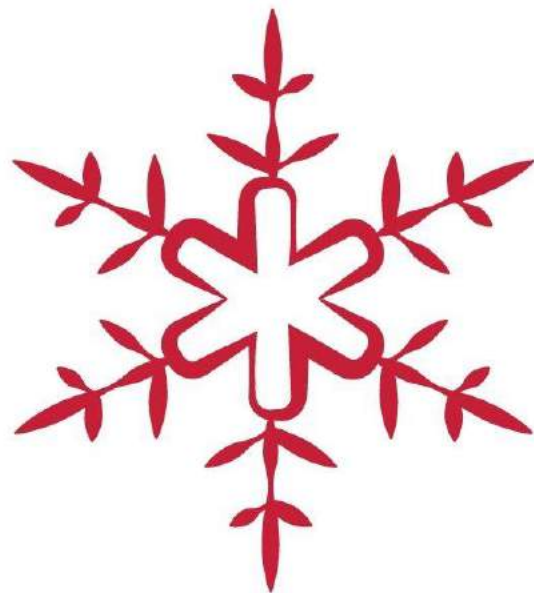
If conditions are safe for staff to travel, then the library may be open, so make sure to check!

Reach us at:

(518) 668-2528 lakegeorgelibrary.sals.edu

If you have any questions.

For the most up to date information please see our website.





The Wild Center isn't hibernating this winter!

Use our library membership to visit The Wild Center this winter! With our library membership, adults pay a copay of \$10 and youth ages 5-17 are admitted free of charge. Our membership can be borrowed by our patrons for seven days at a time and cannot be renewed.

The Wild Center requires reservations online to visit, so check out their website to read up on their guidelines and rules before visiting!

<https://www.wildcenter.org/visit/reopening-faqs/>

The Wild Center's campus has been turned into an enchanting, illuminated winter wonderland from **December 11th til March 27th** through the visuals and sounds of Wild Lights.

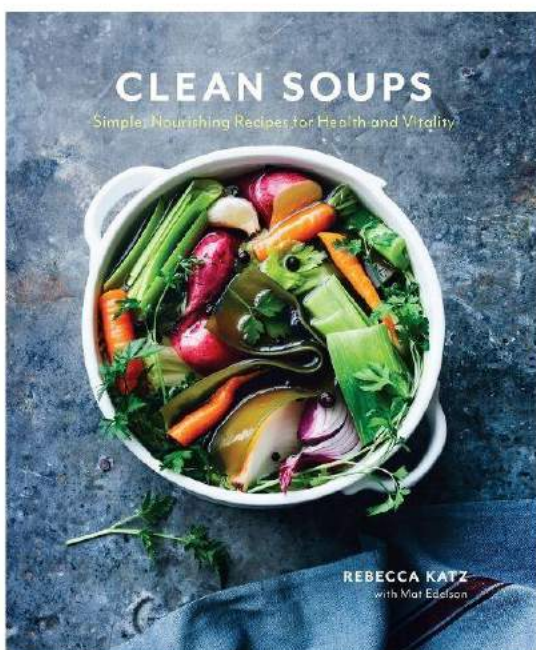
Thousands of lights transform their campus into a twinkling, family-friendly experience that is sure to become a holiday tradition for North Country families. Guests will bask in the glow of thousands of lights as they experience, for the first time, Wild Walk after dark. Then, stroll through Forest Music to surround yourself with immersive music and lights—curated specifically for the quarter-mile looped trail. Reservations are limited and masks/social distancing are required. All guests and members must have timed reservations.

Visit their website or give them a call with questions or to place reservations.

(518) 359-7800



***HAPPY NEW YEAR
from our Library
Staff: Laura, Sue,
and Jess!***



So, 2020 was a bit of a bust. But that doesn't mean that 2021 has to start off on the wrong foot! The library staff have been perusing our collection of cookbooks for some healthy recipes to try out this year. Our favorite so far is *Clean Soups* by Rebecca Katz.

Page 110 features a recipe for "clean-out-the-fridge" soup, which we particularly recommend! We've included it on the next page for all to enjoy.

Don't forget that we offer an array of motivational, self-care, organizational, and fitness materials to read alongside our healthy cookbooks to help you achieve all of your resolutions for the new year!



Clean-Out-The-Fridge Soup

3 tablespoons extra-virgin
olive oil
1 yellow onion, diced
Sea salt
2 carrots, peeled and diced
2 stalks celery, diced
2 parsnips, peeled and diced
1 sweet potato, peeled and
cut into 1/4-inch cubes
1 small bunch kale, Swiss
chard, or spinach, chopped
into bite sized pieces

2 cloves garlic, minced
1/2 teaspoon dried thyme
1/2 teaspoon dried oregano
1/8 teaspoon red pepper
flakes
6 cups bone broth
1 tablespoon tomato paste
1 (14.5-ounce) can diced
tomatoes
1 cup cooked quinoa

Heat the olive oil in a soup pot over medium heat, then add the onion and a pinch of salt and sauté until translucent, about 4 minutes. Add the carrots, celery, parsnips, sweet potato, and 1/4 teaspoon salt and sauté until all of the vegetables are tender and turning deep golden brown, about 12 minutes. Add the garlic and sauté for about 30 seconds, then stir in the thyme, oregano, red pepper flakes, and 1/2 teaspoon salt. Pour in 1/2 cup of the broth to deglaze the pot, stirring to loosen any bits stuck to the bottom, and cook until the liquid is reduced by half.

Stir in the tomato paste, tomatoes, bay leaf, and the remaining 5 1/2 cups of broth. Increase the heat to high and bring to a boil. Decrease heat to low, cover, and simmer until the vegetables are tender, about 15 minutes. Stir in the quinoa and kale and cook for 3 minutes, or until the kale is just tender. Taste; you may want to add another generous pinch of salt. Store in an airtight container in the refrigerator for up to 5 days or in the freezer for up to 3 months.

UPCOMING EVENTS

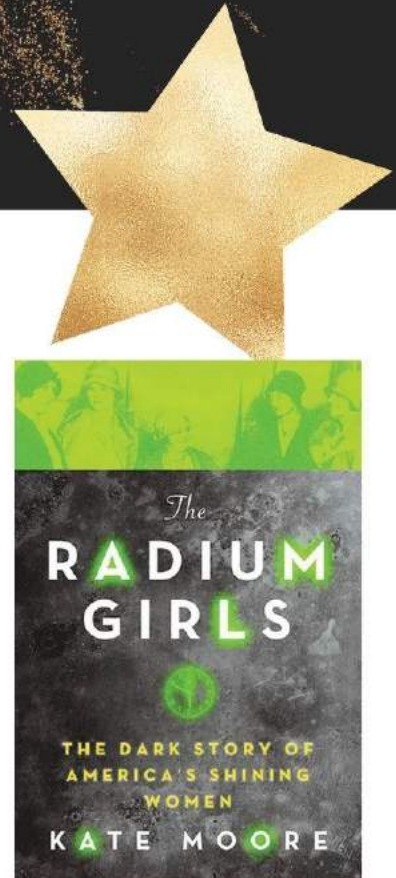
Lake George Book Club

**POSTPONED UNTIL WE CAN
MEET IN PERSON!**

LOCATION:

CALDWELL LAKE GEORGE LIBRARY
336 CANADA STREET
LAKE GEORGE, NY 12845

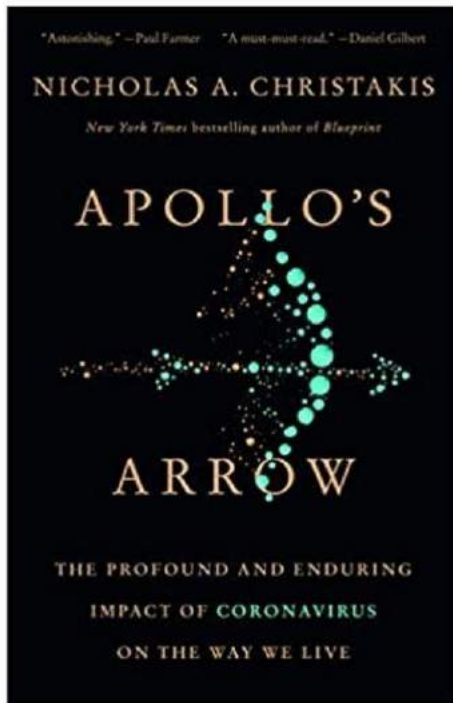
COST: FREE!



The Curies' newly discovered element of radium makes gleaming headlines across the nation as the fresh face of beauty and wonder drug of the medical community. From body lotion to tonic water, the popular new element shines bright in the otherwise dark years of the First World War. Meanwhile, hundreds of girls toil amidst the glowing dust of the radium-dial factories. The glittering chemical covers their bodies from head to toe; they light up the night like industrious fireflies. With such a coveted job, these "shining girls" are the luckiest alive — until they begin to fall mysteriously ill.

Popular New Releases

TITLES COMING TO CALDWELL SOON!

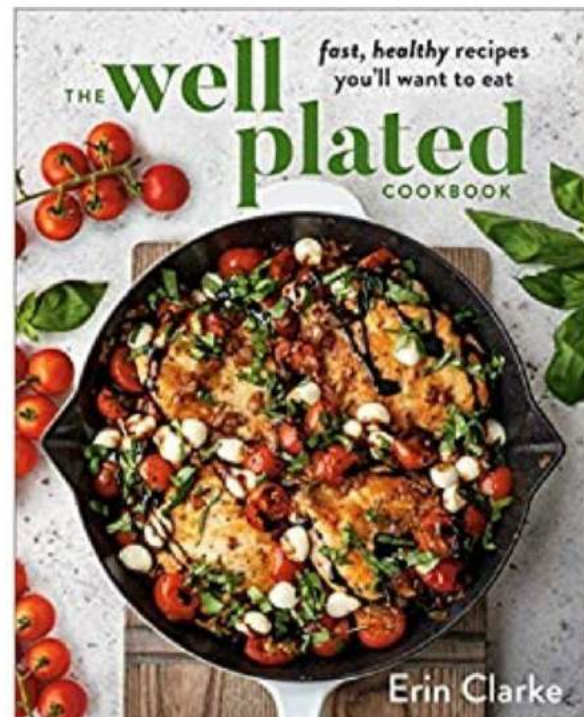


APOLLO'S ARROW: THE PROFOUND AND ENDURING IMPACT OF CORONAVIRUS AND THE WAY WE LIVE Nicholas A. Christakis

Apollo's Arrow offers a riveting account of the impact of the coronavirus pandemic as it swept through American society in 2020, and of how the recovery will unfold in the coming years.

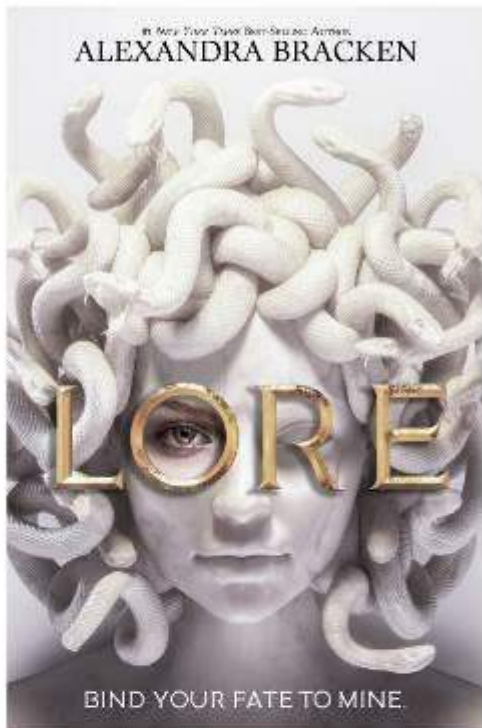
THE WELL PLATED COOKBOOK Erin Clark

Known for her incredibly approachable, slimmed-down, and outrageously delicious recipes, Erin Clarke is the creator of the smash-hit food blog in the healthy-eating blogosphere.



Popular New Releases

TITLES COMING TO CALDWELL SOON!



LORE

Alexandra Bracken

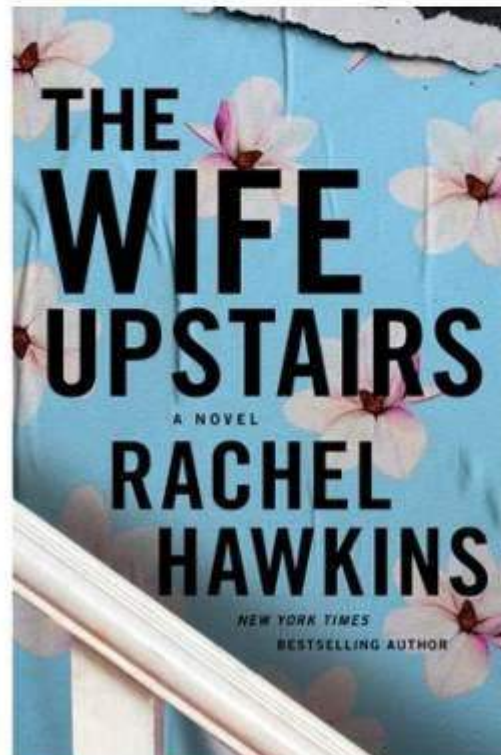
Every seven years, the Agon begins. As punishment for a past rebellion, nine Greek gods are forced to walk the earth as mortals, hunted by the descendants of ancient bloodlines, all eager to kill a god and seize their divine power and immortality.

THE WIFE UPSTAIRS

Rachel Hawkins

Meet Jane. Newly arrived to Birmingham, Alabama, Jane is a broke dog-walker in Thornfield Estates—a gated community full of McMansions, shiny SUVs, and bored housewives. The kind of place where no one will notice if

Jane lifts the discarded tchotchkes and jewelry off the side tables of her well-heeled clients. Where no one will think to ask if Jane is her real name.



Contact us:

REACH OUT TO US WITH ANY QUESTIONS YOU MAY HAVE! WE ARE HAPPY TO SERVE YOU.

VISIT OUR WEBSITE AND FACEBOOK FOR THE MOST UP TO DATE INFORMATION.

Phone: **518-668-2528**

Email: **lkg-director@sals.edu**

Visit us at:

**336 Canada Street
Lake George, NY 12845**

Visit us online at:

<https://lakegeorgelibrary.sals.edu>

You can find us on Instagram, Facebook, and Twitter as Caldwell-Lake George Library.

